



BEING IN CONTACT WITH SOMEONE WHO HAS HAD A POSITIVE COVID-19 TEST

DEFINITION OF "CLOSE CONTACT" BY CDC

To have close contact means to be within 6 feet distance for 15 or more minutes.

If any player, coach, team official, referee, or spectator **has had close contact** with a confirmed COVID-19 case or has been asked to self-isolate, they must not attend Idaho Futsal games until they are cleared by a medical professional or meet the CDC guidelines for return from self isolation.

o CDC guidelines

- Anyone who **has had close contact** with someone with COVID-19 should stay home for 14 days after their last exposure to that person.
- However, anyone who **has had close contact** with someone with COVID-19 and who:
 - developed COVID-19 illness within the previous 3 months and
 - has recovered and
 - remains without COVID-19 symptoms (for example, cough, shortness of breath)

does not need to stay home.